

Thank you for your interest in performing a nose surgery

First of all, I would like to mention that I cannot carry out desired consultations in advance (as often requested by online or WhatsApp). General statements to the operation mode are also not possible. Each patient is individual, just as the requested surgery is.

Please have confidence in my personal and detailed advice and planning your operation
- and arrange a consultation appointment in my surgery.

Especially for patients with long distance travel we can offer the following procedure.

A two-day stay in Düsseldorf is required for the operation in the first step. Here you shall not stay alone, you have to be accompanied by a person to support you during these 2 days (especially after surgery).

Day 1: on this day you have to get to my surgery at 09.00 o'clock (09.00 a.m.)

- Medical examination and conversation to plan the operation, photo-documentation
- Declaration of consent
- Blood taking (you don't have to be empty-stomached)
- Pharmacy visit, redemption of prescriptions for needed medications
- Drive on to see the Anaestheticdoctor (OP-Zentrum am Hofgarten) for preoperative examination and clarification

Day 2: on this day you'll have to be in the operating center at the specified time

- Surgery performed by Dr. med. Frerich
- Monitoring in the wake room until the circulation is stable
- Then discharge into the home care, i.e. driving home

After a week you have to join me again in Düsseldorf for medical consultation, to remove the cast and for wound checking.

Another week later, a next follow-up medical-check in Düsseldorf is necessary.

You must include these two dates **firmly** in process of planning.